

What's on the Menu?

THE **5 MEAL COMPONENTS** FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, 1 CUP FRUIT, 1 CUP VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE WHITE AND FAT FREE CHOCOLATE.

CHOOSE AT ATLEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION **CHOOSE ALL 5!!!**



Visit: aces.nutrislice.com to see your menu!



USDA is an equal opportunity employer and provider.

Chase 2024-2025

Fun Lunch rotates every other week

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
<p>Whole Grain Fruit Muffin String Cheese or Yogurt</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Cereal Bar Kit</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Whole Grain Bagel Cream Cheese</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Whole Grain Fruit Muffin String Cheese or Yogurt</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Nutrigrain Bar</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
Cereal Available Daily with a choice of yogurt or string cheese		Lunch		
<p>Turkey or Ham and Cheese Sandwich</p>  <p>Sun butter Triple Decker</p>  <p>Muffin Fun Lunch</p>  <p>Sliced Cucumber Fresh Baby Carrots Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Chicken Patty Sandwich</p>  <p>Sun butter Triple Decker</p>  <p>Muffin Fun Lunch</p>  <p>Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Whole Grain Cheese Pizza</p>  <p>Sun butter Triple Decker</p>  <p>Muffin Fun Lunch</p>  <p>Fresh Side Garden Salad Fresh Celery Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Chicken Tenders Tater Tots</p>  <p>Sun butter Triple Decker</p>  <p>Muffin Fun Lunch</p>  <p>Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Whole Grain Cheese Pizza</p>  <p>Sun butter Triple Decker</p>  <p>Muffin Fun Lunch</p>  <p>Classic Potato Salad Power Peas Assorted Fresh Fruit Assorted Chilled Fruit</p>

Serving up happy & healthy

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Cereal Available Daily with a choice of yogurt or string cheese				
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