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Wintergreen September Breakfast in the Classroom (BIC) Menu Staff Price \$4.50				
Monday	Tuesday	Wednesday	Thursday	Friday
2 HAPPY LABOR DAY!	3 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice	4 Whole Grain Bagel Cream Cheese Seventia Seventia Sevent	5 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice	Assorted Cereals with Yogurt or string cheese Source of the second secon
	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
9 Whole Grain Fruit Muffin String Cheese	10 Assorted Cereals with Yogurt or string cheese	11 Whole Grain Bagel Cream Cheese	12 Assorted Cereals with Yogurt or string cheese	Assorted Cereals with Yogurt or string chees
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
16 Vhole Grain Fruit Muffin String Cheese	17 Assorted Cereals with Yogurt or string cheese	18 Whole Grain Bagel Cream Cheese	19 Assorted Cereals with Yogurt or string cheese	Assorted Cereals with Yogurt or string chees
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
23 Vhole Grain Fruit Muffin String Cheese	24 Assorted Cereals with Yogurt or string cheese	25 Whole Grain Bagel Cream Cheese	26 Assorted Cereals with Yogurt or string cheese	Assorted Cereals with Yogurt or string chees
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
30 Vhole Grain Fruit Muffin String Cheese				
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit				
		Daily Alternates		
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cerea

Assorted Low Sugar Cereal w/ String Cheese or Yogurt

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w/ String Cheese or Yogurt

w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Visit:

USDA is an equal opportunity employer and provider. Visit aces.nutrislice.com to see your menu! Vegetarian

w/ String Cheese or Yogurt

Locally

w/ String Cheese or Yogurt