

Wintergreen March Breakfast in the Classroom (BIC) Menu

Staff Price \$5.25				
Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Fruit Muffin	4 Assorted Cereals with	5 Whole Grain Bagel	6 Assorted Cereals with	7 Assorted Cereals with
String Cheese	Yogurt or string cheese	Cream Cheese	Yogurt or string cheese	Yogurt or string cheese
3			A STATE OF THE STA	3
Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit
Assorted Fresh Local	Assorted Crimed Fruit Assorted Fresh Local	Assorted Crimed Fruit Assorted Fresh Local	Assorted Crimed Fruit Assorted Fresh Local	Assorted Fresh Local
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
10 Whole Grain Fruit Muffin	11 Assorted Cereals with	12 Whole Grain Bagel	13 Assorted Cereals with	
String Cheese	Yogurt or string cheese	Cream Cheese	Yogurt or string cheese	PIROFESSIONAL DEVELOPMENT
(3)			3	
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	
Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	
17 Whole Grain Fruit Muffin	18 Assorted Cereals with	19 Whole Grain Bagel	20 Assorted Cereals with	21 Assorted Cereals with
String Cheese	Yogurt or string cheese	Cream Cheese	Yogurt or string cheese	Yogurt or string cheese
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Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
24 Whole Grain Fruit Muffin	25 Assorted Cereals with	26 Whole Grain Bagel	27 Assorted Cereals with	28 Assorted Cereals with
String Cheese	Yogurt or string cheese	Cream Cheese	Yogurt or string cheese	Yogurt or string cheese
(3)	***		E STATE OF THE STA	N N
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
31 Whole Grain Fruit Muffin String Cheese				
Assorted Fruit Juice				
Assorted Chilled Fruit Assorted Fresh Local				
Seasonal Fruit		Daily Alternates		
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
w/ String Cheese or Yogurt	w/ String Cheese or Yogurt	w/ String Cheese or Yogurt	w/ String Cheese or Yogurt	w/ String Cheese or Yogurt
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BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two cups fruit side dishes and one choice of milk. Milk choices include 1% white and skim chocolate.

