

# what's for breakfast?



## Wintergreen January Breakfast in the Classroom (BIC) Menu Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
13	14	15	16	17
Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
20	21	22	23	24
		Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
27	28	29	30	31
Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
<b>Daily Alternates</b>				
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt



**BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.**

Visit:

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Vegetarian

Locally Grown