


















# What's on the Menu?



## Wintergreen December Lunch Menu

Staff Price \$5.25

Monday	Wednesday	Thursday	Friday	
<p>Classic Cheeseburger ½ Cup Baked Tater Tots</p> 	<p>Chicken Tacos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Salsa and Sour Cream ½ Cup Golden Steamed Corn</p> 	<p>Macaroni and Cheese ½ Cup Steamed Broccoli 1 Whole Grain Dinner Roll</p> 	<p>Pepperoni Pizza ½ Cup Garden Salad</p> 	<p>Philly Steak and Cheese Sandwich ½ Cup of Oven Baked Fries</p> 
<b>Week 2: 1) Hot 2) Turkey and Cheese Sandwich</b>				
<p>Chicken Parmesan Sandwich ½ Cup Baked Tater Tots</p> 	<p>Cheese Quesadilla Salsa and Sour Cream ½ Cup Golden Steamed Corn</p> 	<p>Whole Grain Baked Ziti ½ Cup Savory Green Beans 1 Whole Grain Dinner Roll</p> 	<p>Classic Cheese Pizza 1 cup Caesar Salad</p> 	<p>Chicken Patty Sandwich with Pickles, Lettuce and Tomato ½ Cup of Oven Baked Fries</p> 
<b>Week 3: 1) Hot Lunch 2) Muffin Fun Lunch</b>				
<p>Grilled Cheese 6oz of Tomato Soup</p> 	<p>Beef Tacos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Salsa and Sour Cream ½ Cup Golden Steamed Corn</p> 	<p>Whole Grain Crispy Chicken Tenders ½ Cup Oven Baked Crispy Seasoned Fries 1 Whole Grain Dinner Roll</p> 	<p>Pepperoni Pizza 1 Cup Steamed Baby Carrots</p> 	<p>Mashed Potato and Chicken Bowl with Shredded Cheddar and Chicken Gravy 1 Whole Grain Dinner Roll</p> 
<b>Week 4 :1) Hot 2) Bagel Fun Lunch</b>				



<b>½ Cup of Fresh Fruit and Vegetable Bar (Available Daily)</b>				
<p>Sliced Cucumber Fresh Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Red and Green Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Fresh Caesar Salad Fresh Celery Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>German Potato Salad Power Peas Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>



THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE SKIM, FAT FREE CHOCOLATE.

CHOOSE AT ATLEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION: CHOOSE ALL 5!!!



Visit [aces.nutrislice.com](http://aces.nutrislice.com) to see your menu!

USDA is an equal opportunity employer and provider.