





Wintergreen December Breakfast in the Classroom (BIC) Menu

Staff Price \$5.25				
Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Fruit Muffin	Assorted Cereals with Yogurt or string cheese	Whole Grain Bagel Cream Cheese or Sun	Assorted Cereals with Yogurt or string cheese	Assorted Cereals with Yogurt or string cheese
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
9 Whole Grain Fruit Muffin	10 Assorted Cereals with Yogurt or string cheese	Whole Grain Bagel Cream Cheese or Sun	12 Assorted Cereals with Yogurt or string cheese	Assorted Cereals with Yogurt or string cheese
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
16 Whole Grain Fruit Muffin	Assorted Cereals with Yogurt or string cheese	18 Whole Grain Bagel Cream Cheese or Sun butter	19 Assorted Cereals with Yogurt or string cheese	20 Assorted Cereals with Yogurt or string cheese
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local
Seasonal Fruit 23	Seasonal Fruit 24	Seasonal Fruit 25	Seasonal Fruit 26	Seasonal Fruit 27
Break				
Accorted Law Sugar Cores	Accorted Law Sugar Careal	Daily Alternates	Accorted Law Sugar Coreal	Accorted Law Sugar Caracl
Assorted Low Sugar Cereal Assorted Low Sugar				



BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.