



What's on the Menu?

Whitney High Academy/North July Summer School Lunch Menu



Staff Price \$4.55

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Turkey Hot Dog</p> 	<p>2</p> <p>Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream</p> 	<p>3</p> <p>Chicken Ranch Wrap</p> 	<p>4</p> 	<p>5</p> 
Week 1 :1) Hot 2) Muffin Fun Lunch				
<p>8</p> <p>Turkey Hot Dog</p> 	<p>9</p> <p>Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream</p> 	<p>10</p> <p>Chicken Ranch Wrap</p> 	<p>11</p> <p>Classic Cheese Pizza</p> 	<p>12</p> <p>Classic Cheeseburger</p> 
Week 2 :1) Hot 2) Bagel Fun Lunch				
<p>15</p> <p>Turkey Hot Dog</p> 	<p>16</p> <p>Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream</p> 	<p>17</p> <p>Chicken Ranch Wrap</p> 	<p>18</p> <p>Classic Cheese Pizza</p> 	<p>19</p> <p>Classic Cheeseburger</p> 
Week 3: 1) Hot Lunch 2) Turkey and Cheese Sandwich				
<p>22</p> <p>Turkey Dog</p> 	<p>23</p> <p>Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream</p> 	<p>24</p> <p>Chicken Ranch Wrap</p> 	<p>25</p> <p>Classic Cheese Pizza</p> 	<p>26</p> <p>Classic Cheeseburger</p> 
Week 4: 1) Hot Lunch 2) Cereal Fun Lunch				
<p>29</p> 	<p>30</p>	<p>31</p>		
Fresh Fruit and Vegetable Bar (Available Daily)				
<p>Sliced Cucumber Fresh Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Fresh Caesar Salad Carrot and Celery Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>	<p>Classic Potato Salad Power Peas Assorted Fresh Fruit (LG) Assorted Chilled Fruit</p>



Visit aces.nutrislice.com to see your menu!

THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE.

CHOOSE AT ATLEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION: CHOOSE ALL 5!!!

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