What's on What's on the Menu? Whitney Academy/North Breakfast 2024-2025				
Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1				
Bacon Egg and Cheese on a Bagel Image: Gluten Free Option Gluten Bagel Image: Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal Fruit	2 Whole Grain Waffle $\overbrace{\textbf{b}}$	Sausage Egg and Cheese Biscuit Sandwich Gluten Free Option Gluten Roll Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal Fruit	Egg and Cheese Bagel	S Whole Grain French Toast Image: Construction Image: Construction Con
		OPTION 2		
Whole Grain Fruit Muffin Yogurt or string cheese	Assorted Cereals with Yogurt or string cheese	Whole Grain Bagel Cream Cheese	Blueberry Strawberry with French Toast Bites	Strawberry Banana Smoothie Graham Cracker
Gluten Free Option Cereal Available	Gluten Free Option Cereal Available	Gluten Free Option Bagel Available	Gluten Free Option No Topping	Gluten Free No Graham Cracker
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Smoothie

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, Fat Free White and skim chocolate.

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Visit aces.nutrislice.com to see your menu

Serving up happy & healthy