What's on the Menu?

Whitney Academy/North Breakfast
2024-2025

Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1				
Bacon Egg and Cheese on a Bagel **Gluten Free Option Gluten Bagel** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Scrambled Eggs with Cheese One Slices of Whole Wheat Toast **Gluten Free Option Gluten Free Toast** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Sausage Egg and Cheese Biscuit Sandwich **Gluten Free Option Gluten Roll** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	2 Whole Grain Waffle **Gluten Free Options Gluten Free Bagel Or Gluten Free Cereal** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	3 Whole Grain French Toast **Gluten Free Options Gluten Free Bagel Or Gluten Free Cereal** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
OPTION 2				
Whole Grain Fruit Muffin Yogurt or string cheese **Gluten Free Option Cereal Available** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Cereals with Yogurt or string cheese **Gluten Free Option Cereal Available** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Bagel Cream Cheese **Gluten Free Option Bagel Available** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Blueberry Strawberry with French Toast Bites **Gluten Free Option No Topping** Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Strawberry Banana Smoothie Graham Cracker **Gluten Free No Graham Cracker** Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Smoothie

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, Fat Free White and skim chocolate.

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Visit aces.nutrislice.com to see your menu

Serving up happy & healthy