

# What's on the Menu?



## Whitney Academy/North Breakfast 2024-2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>OPTION 1</b>				
<p>Bacon Egg and Cheese on a Bagel</p>  <p><b>Gluten Free Option</b> Gluten Bagel</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Scrambled Eggs with Cheese One Slices of Whole Wheat Toast</p>  <p><b>Gluten Free Option</b> Gluten Free Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Sausage Egg and Cheese Biscuit Sandwich</p>  <p><b>Gluten Free Option</b> Gluten Roll</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2 Whole Grain Waffle</p>  <p><b>Gluten Free Options</b> Gluten Free Bagel Or  <b>Gluten Free Cereal</b> Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3 Whole Grain French Toast</p>  <p><b>Gluten Free Options</b> Gluten Free Bagel Or  <b>Gluten Free Cereal</b> Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<b>OPTION 2</b>				
<p>Whole Grain Fruit Muffin Yogurt or string cheese</p>  <p><b>Gluten Free Option</b> Cereal Available</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Assorted Cereals with Yogurt or string cheese</p>  <p><b>Gluten Free Option</b> Cereal Available</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Whole Grain Bagel Cream Cheese</p>  <p><b>Gluten Free Option</b> Bagel Available</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Blueberry Strawberry with French Toast Bites</p>  <p><b>Gluten Free Option</b> No Topping</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Strawberry Banana Assorted Fruit Juice</p>  <p><b>Gluten Free</b> No Graham Cracker</p>  <p>Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Smoothie</p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, Fat Free White and skim chocolate.

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# Serving up happy & healthy