What's on the Menu?

Village March Breakfast Menu Staff Price \$5.25







Choose MyPlate gov		area cooperative educational services		
Monday	Tuesday	Wednesday	Thursday	Friday
Scrambled Egg Pizza	Bacon, Egg, and Cheese Bagel Sandwich	5 Strawberry Banana Smoothie Honey Graham Crackers	6 Apple Cinnamon Oatmeal	7 Pineapple Orange Smoothie Honey Graham Crackers
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Scrambled Cheezy Eggs Whole Wheat Toast	11 Apple Cinnamon Muffin Yogurt or String Cheese	Pink Lemonade Smoothie Honey Graham Crackers	Two Warm Pancakes	PROFESSIONAL DEVELOPMENT
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	
Sausage, Egg, and Cheese Biscuit Sandwich	18 Bagel with Cream Cheese, Sunbutter or Grape Jelly	19 Banana Split Smoothie Honey Graham Crackers	20 Blueberry/Strawberry French Toast Parfait	21 Ham, Egg, and Cheese Bagel Sandwich
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
24 Two Whole Grain Waffles	25 Whole Grain Blueberry Muffin	26 Apple Cinnamon Yogurt Parfait	27 Colby Jack Cheese Omelet Whole Wheat Toast	28 Three French Toast Sticks
	Yogurt or String Cheese	With Homemade Granola		4 0
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorteu Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
31 Chocolate Chip Muffin Yogurt or String Cheese				
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit				
Assorted Low Sugar Cereal				
w/ String Cheese or Yogurt				
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BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.



Vegetarian



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your menu!
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