## What's on the Menu?

## Staff Price \$5.25 Village January Breakfast Menu





Strawberry Banana

Smoothie

Honey Graham Crackers

Assorted Fruit Juice

Assorted Chilled Fruit

Assorted Fresh Local

Seasonal Fruit

Pink Lemonade Smoothie

Honey Graham Crackers

Assorted Fruit Juice

Assorted Chilled Fruit

Assorted Fresh Local

Seasonal Fruit

22



Monday Tuesday Wednesday

Bagel with Cream Cheese, Sunbutter or Grape Jelly

Thursday



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Whole Grain Double Chocolate Chip Muffin Yogurt or String Cheese

Friday

Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Scrambled Egg Pizza



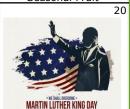
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Scrambled Cheezy Eggs Whole Wheat Toast





Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit



27 Two Whole Grain Waffles



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Bacon, Egg, and Cheese Bagel Sandwich



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Apple Cinnamon Muffin Yogurt or String Cheese



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit



Whole Grain Blueberry

Muffin

Yogurt or String Cheese

Assorted Fruit Juice

Assorted Chilled Fruit

Assorted Fresh Local

Seasonal Fruit

28

Blueberry/Strawberry French Toast Parfait



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

29 Apple Cinnamon Yogurt Parfait With Homemade Granola



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Apple Cinnamon Oatmeal



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Two Warm Pancakes

16

30



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

23 Banana Split Smoothie Honey Graham Crackers



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Whole Wheat Toast



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Assorted Fruit Juice

10

Pineapple Orange Smoothie Honey Graham Crackers



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Sausage, Egg, and Cheese Biscuit Sandwich



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

Ham, Egg, and Cheese Bagel Sandwich

24



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

31 Colby Jack Cheese Omelet Three French Toast Sticks



Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit

**Assorted Low Sugar Cereal** v/ String Cheese or Yogurt

**Assorted Low Sugar Cereal** v/ String Cheese or Yogurt Assorted Low Sugar Cereal w/ String Cheese or Yogurt **Assorted Low Sugar Cereal** v/ String Cheese or Yogurt **Assorted Low Sugar Cereal** w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.







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