

## what's for breakfast?



## Center for Autism: March Breakfast in the Classroom (BIC) Menu Staff Price \$5.25

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Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Fruit Muffin Yogurt or String Cheese	4 Whole Grain Bagel Cream Cheese	5 Nutrigrain Bar	6 Assorted Cereals with Yogurt or string cheese	Strawberry Parfait with Granola on the side
<b>(4)</b>		Nutri Grain	<b>1</b>	<b>3</b>
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
10 Whole Grain Fruit Muffin Yogurt or String Cheese	11 Whole Grain Bagel Cream Cheese	12 Nutrigrain Bar	13 Assorted Cereals with Yogurt or string cheese	PROFESSIONAL
<b>E</b>		Nutri Grain	3	DEVELOPMENT
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	
17 Whole Grain Fruit Muffin Yogurt or String Cheese	18 Whole Grain Bagel Cream Cheese	19 Nutrigrain Bar	20 Assorted Cereals with Yogurt or string cheese	21 Strawberry Parfait with Granola on the side
		Nutri Grain		<b>9 3</b>
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
24		26		
Whole Grain Fruit Muffin Yogurt or String Cheese	Whole Grain Bagel Cream Cheese	Nutrigrain Bar	Assorted Cereals with Yogurt or string cheese	Apple Cinnamon Yogurt Parfait
<b>(3)</b>		Nutri Grain	No. of the second secon	Granola on the side
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
31 Whole Grain Fruit Muffin Yogurt or String Cheese				
<b>€</b>				
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit				
		Daily Alternates		
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a choice of milk. Milk choices include 1% white, skim white and skim chocolate.

Visit aces.nutrislice.com to see your menu!



