



What's on the Menu?



Mill July Summer School Lunch Menu

Staff Price \$4.55

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey Hot Dog 	2 Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream 	3 Chicken Ranch Wrap 	4 	5 
Week 1 :1) Hot 2) Muffin Fun Lunch				
8 Turkey Hot Dog 	9 Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream 	10 Chicken Ranch Wrap 	11 Classic Cheese Pizza 	12 Classic Cheeseburger 
Week 2 :1) Hot 2) Bagel Fun Lunch				
15 Turkey Hot Dog 	16 Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream 	17 Chicken Ranch Wrap 	18 Classic Cheese Pizza 	19 Classic Cheeseburger 
Week 3: 1) Hot Lunch 2) Turkey and Cheese Sandwich				
22 Turkey Dog 	23 Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream 	24 Chicken Ranch Wrap 	25 Classic Cheese Pizza 	26 Classic Cheeseburger 
Week 4: 1) Hot Lunch 2) Cereal Fun Lunch				
29 	30 	31 		
Fresh Fruit and Vegetable Bar (Available Daily)				
Sliced Cucumber Fresh Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Caesar Salad Carrot and Celery Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Classic Potato Salad Power Peas Assorted Fresh Fruit (LG) Assorted Chilled Fruit



Visit aces.nutrislice.com to see your menu!

THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE.

CHOOSE AT ATLEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION: **CHOOSE ALL 5!!!**

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