

what's for breakfast?



Center for Autism: January Breakfast in the Classroom (BIC) Menu Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>Whole Grain Fruit Muffin Yogurt or String Cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>7</p> <p>Whole Grain Bagel Cream Cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>8</p> <p>Nutrigrain Bar</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>9</p> <p>Assorted Cereals with Yogurt or string cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>10</p> <p>Apple Cinnamon Yogurt Parfait Granola on the side</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>13</p> <p>Whole Grain Fruit Muffin Yogurt or String Cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>14</p> <p>Whole Grain Bagel Cream Cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>15</p> <p>Nutrigrain Bar</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>16</p> <p>Assorted Cereals with Yogurt or string cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>17</p> <p>Apple Cinnamon Yogurt Parfait Granola on the side</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>20</p> <p>MARTIN LUTHER KING DAY</p>	<p>21</p> <p>PROFESSIONAL DEVELOPMENT</p>	<p>22</p> <p>Nutrigrain Bar</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>23</p> <p>Assorted Cereals with Yogurt or string cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>24</p> <p>Strawberry Parfait with Granola on the side</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>27</p> <p>Whole Grain Fruit Muffin Yogurt or String Cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>28</p> <p>Whole Grain Bagel Cream Cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>29</p> <p>Nutrigrain Bar</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>30</p> <p>Assorted Cereals with Yogurt or string cheese</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>31</p> <p>Apple Cinnamon Yogurt Parfait Granola on the side</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
Daily Alternates				
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

Visit aces.nutrislice.com to see your menu!

