

# What's on the Menu?

## Mill July Breakfast Menu



Staff Price \$4.55

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Two Whole Grain Waffles Two Pork Sausage Links</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>4</p> 	<p>5</p> 
<p>8</p> <p>Two Whole Grain Waffles Two Pork Sausage Links</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>9</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>10</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>11</p> <p>Whole Grain Blueberry Muffin</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>12</p> <p>Scrambled Eggs with Cheese Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>15</p> <p>Two Whole Grain Waffles Two Pork Sausage Links</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>16</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>17</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>18</p> <p>Whole Grain Blueberry Muffin</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>19</p> <p>Scrambled Eggs with Cheese Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>22</p> <p>Two Whole Grain Waffles Two Pork Sausage Links</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>23</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>24</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>25</p> <p>Whole Grain Blueberry Muffin</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>26</p> <p>Scrambled Eggs with Cheese Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>29</p> 	<p>30</p>	<p>32</p>		
<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



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