

What's on the Menu?

Staff Price \$5.25

Mill January Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Bagel with Cream Cheese, Sunbutter or Grape Jelly 	Whole Grain Double Chocolate Chip Muffin Yogurt or String Cheese
			Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
6	7	8	9	10
Scrambled Egg Pizza 	Bacon, Egg, and Cheese Bagel Sandwich 	Strawberry Banana Smoothie Honey Graham Crackers 	Apple Cinnamon Oatmeal 	Pineapple Orange Smoothie Honey Graham Crackers
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
13	14	15	16	17
Scrambled Cheezy Eggs Whole Wheat Toast 	Apple Cinnamon Muffin Yogurt or String Cheese 	Pink Lemonade Smoothie Honey Graham Crackers 	Two Warm Pancakes 	Sausage, Egg, and Cheese Biscuit Sandwich
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
20	21	22	23	24
		Blueberry/Strawberry French Toast Parfait 	Banana Split Smoothie Honey Graham Crackers 	Ham, Egg, and Cheese Bagel Sandwich
		Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
27	28	29	30	31
Two Whole Grain Waffles 	Whole Grain Blueberry Muffin Yogurt or String Cheese 	Apple Cinnamon Yogurt Parfait With Homemade Granola 	Colby Jack Cheese Omelet Whole Wheat Toast 	Three French Toast Sticks
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.



Visit aces.nutrislice.com to see your menu!

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