




















# What's on the Menu?

## Mill December Breakfast Menu



Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Strawberry Yogurt Parfait with Granola</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>3</p> <p>Ham, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>4</p> <p>Pineapple and Strawberry Smoothie Honey Graham Cracker</p>   <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>5</p> <p>Three French Toast Sticks</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>6</p> <p>Whole Grain Double Chocolate Chip Muffin</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>
<p>9</p> <p>Apple Cinnamon Yogurt Parfait With Homemade Granola</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>10</p> <p>Sausage, Egg, and Cheese Biscuit Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>11</p> <p>Banana Split Smoothie Honey Graham Crackers</p>   <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>12</p> <p>Two Warm Pancakes</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>13</p> <p>Whole Grain Apple Cinnamon Muffin</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>
<p>16</p> <p>Blueberry/Strawberry French Toast Parfait</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>17</p> <p>Scrambled Cheezy Eggs Whole Wheat Toast</p>   <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>18</p> <p>Pink Lemonade Smoothie Honey Graham Crackers</p>   <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>19</p> <p>Apple Cinnamon Oatmeal</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>	<p>20</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>



Assorted Low Sugar Cereal w/ String Cheese or Yogurt

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**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, and skim chocolate.



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