


# What's on the Menu?



## Whitney Academy/North Breakfast 2023-2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>OPTION 1</b>				
<p>Bacon Egg and Cheese on a Bagel</p>  <p><b>Gluten Free Option</b> <b>Gluten Bagel</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Scrambled Eggs with Cheese One Slices of Whole Wheat Toast</p>  <p><b>Gluten Free Option</b> <b>Gluten Free Toast</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Sausage Egg and Cheese Biscuit Sandwich</p>  <p><b>Gluten Free Option</b> <b>Gluten Roll</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2 Whole Grain Waffle Two Strips of Bacon</p>  <p><b>Gluten Free Options</b> <b>Gluten Free Bagel</b> Or <b>Gluten Free Cereal</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3 Whole Grain French Toast Two Pork Sausage</p>  <p><b>Gluten Free Options</b> <b>Gluten Free Bagel</b> Or <b>Gluten Free Cereal</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<b>OPTION 2</b>				
<p>Whole Grain Fruit Muffin Yogurt or String Cheese</p>  <p><b>Gluten Free Option</b> <b>Cereal Available</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Assorted Cereals with Yogurt or string cheese</p>  <p><b>Gluten Free Option</b> <b>Cereal Available</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Whole Grain Bagel Cream Cheese</p>  <p><b>Gluten Free Option</b> <b>Bagel Available</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Blueberry Strawberry with French Toast Bites</p>  <p><b>Gluten Free Option</b> <b>No Topping</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Strawberry Banana Assorted Fruit Juice</p>  <p><b>Gluten Free</b> <b>No Graham Cracker</b></p>  <p>Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Smoothie</p>
<p><b>BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.</b></p>				

USDA is an equal opportunity employer and provider.

Visit [aces.nutrislice.com](https://aces.nutrislice.com) to see your menu

# Serving up happy & healthy