

What's on the Menu?

Mill May Breakfast Menu



Staff Price \$4.45

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Three French Toast Sticks 2 Slices Crispy Bacon  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	2 Bagel with Cream Cheese, Sunbutter or Grape Jelly  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	3 Whole Grain Double Chocolate Chin Muffin  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit
6 Scrambled Egg Pizza  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	7 Bacon, Egg, and Cheese Bagel Sandwich  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	8 Strawberry Banana Smoothie Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	9 Apple Cinnamon Oatmeal  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	10 Pineapple Orange Smoothie Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit
13 Blueberry/Strawberry French Toast Parfait  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	14 Scrambled Cheezy Eggs Whole Wheat Toast  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	15 Pink Lemonade Smoothie Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	16 Two Warm Pancakes With Crispy Bacon  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	17 Sausage, Egg, and Cheese Biscuit Sandwich  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit
20 Colby Jack Cheese Omelet Whole Wheat Toast  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	21 Apple Cinnamon Yogurt Parfait With Homemade Granola  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	22 Banana Split Smoothie Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	23 Whole Grain Apple Cinnamon Muffin  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	24 Ham, Egg, and Cheese Bagel Sandwich  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit
27 	28 Two Whole Grain Waffles Two Pork Sausage Links  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	29 Pineapple and Strawberry Smoothie with Graham Cracker  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	30 Ham and Cheese Burrito  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit	31 Whole Grain Blueberry Muffin  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Seasonal Fruit
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



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