

what's for breakfast?

WHITNEY ACADEMY/WHITNEY HIGH NORTH 2023-2024

Monday

Tuesday

Wednesday

Thursday

Friday

OPTION 1

Bacon Egg and Cheese
on a Bagel Sandwich

Scrambled Eggs with
Cheese

Two Slices of Wheat
Toast



Gluten Free Toast
available upon request

Sausage Egg and
Cheese Biscuit
Sandwich

Scrambled Egg Pizza



Gluten Free
available upon request

Three Warm French
Toast Sticks

Two Pork Sausage
links

OPTION 2

Apple Cinnamon
Oatmeal

Strawberry Banana
Smoothie with a
Graham Cracker



Gluten Free No
Graham Cracker

Apple Cinnamon
Oatmeal

Blueberry Strawberry
with French Toast
Bites Parfait



Gluten Free No
Topping

Apple Cinnamon
Oatmeal

OPTION 3

Bagel with Cream
Cheese

Bagel with Cream
Cheese

Bagel with Cream
Cheese

Bagel with Cream
Cheese

Bagel with Cream
Cheese

OPTION 4

Gluten Free Option available upon request

Muffin with a String
Cheese

Muffin with a String
Cheese

Muffin with a String
Cheese

Muffin with a String
Cheese

Muffin with a String
Cheese

ALTERNATE DAILY

Gluten Free Option

Assorted cereal bowls with a mozzarella string stick or yogurt

A full student breakfast includes a choice of entrée supplying a protein, grain, up to two fruit sides and a choice of milk. Milk choices include 1% Chocolate, 1% White, Skim and 1% Strawberry when available



Visit aces.nutrislice.com to see your menu!



Vegetarian



Locally Grown

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