





# WHITNEY ACADEMY/WHITNEY HIGH NORTH 2023-2024

Monday                      Tuesday                      Wednesday                      Thursday                      Friday

## OPTION 1

Bacon Egg an Cheese on a Bagel Sandwich	Scrambled Eggs with Cheese Two Slices of Wheat Toast  Gluten Free Toast available upon request	Sausage Egg and Cheese Biscuit Sandwich	Scrambled Egg Pizza  Gluten Free available upon request	Three Warm French Toast Sticks Two Pork Sausage links
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## OPTION 2

Apple Cinnamon Oatmeal	Strawberry Banana Smoothie with a Graham Cracker  Gluten Free No Graham Cracker	Apple Cinnamon Oatmeal	Blueberry Strawberry with French Toast Bites Parfait  Gluten Free No Topping	Apple Cinnamon Oatmeal
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## OPTION 3

Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese
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## OPTION 4

Gluten Free Option available upon request 				
Muffin with a String Cheese	Muffin with a String Cheese	Muffin with a String Cheese	Muffin with a String Cheese	Muffin with a String Cheese

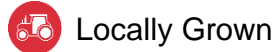
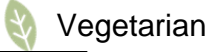
## ALTERNATE DAILY

Gluten Free Option   
Assorted cereal bowls with a mozzarella string stick or yogurt

**A full student breakfast includes a choice of entrée supplying a protein, grain, up to two fruit sides and a choice of milk. Milk choices include 1% Chocolate, 1% White, Skim and 1% Strawberry when available**



Visit [aces.nutrislice.com](https://aces.nutrislice.com) to see your menu!



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