

what's for breakfast?



Wintergreen December Breakfast in the Classroom (BIC) Menu Staff Price \$4.35

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
4 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	5 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	6 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	7 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	8 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
11 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	12 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	13 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	14 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	15 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
18 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	19 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	20 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	21 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	22 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
25	26	27	28	29
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Daily Alternates Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt



BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

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