

# What's on the Menu?

## Village November Breakfast Menu



Staff Price \$4.35

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
|   |   | <p>1</p> <p>Pineapple Orange Smoothie<br/>Honey Graham Crackers</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>    | <p>2</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>       | <p>3</p> <p>Whole grain Double Chocolate Chip Muffin</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>     |
| <p>6</p> <p>Scrambled Egg Pizza</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                                  | <p>7</p>   | <p>8</p> <p>Strawberry Banana Smoothie<br/>Honey Graham Crackers</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>   | <p>9</p> <p>Apple Cinnamon Yogurt Parfait<br/>With Homemade Granola</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>10</p>    |
| <p>13</p> <p>Two Whole Grain Waffles<br/>Two Pork Sausage Links</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>14</p> <p>Whole Grain Blueberry Muffin</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                    | <p>15</p> <p>Pink Lemonade Smoothie<br/>Honey Graham Crackers</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>    | <p>16</p> <p>Two Warm Pancakes<br/>With Crispy Bacon</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>              | <p>17</p> <p>Sausage, Egg, and Cheese Biscuit Sandwich</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> |
| <p>20</p> <p>Scrambled Cheezy Eggs<br/>Whole Wheat Toast</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>       | <p>21</p> <p>Blueberry/Strawberry French Toast Parfait</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>       | <p>22</p> <p>Three French Toast Sticks<br/>2 Slices Crispy Bacon</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>23</p>   | <p>24</p>    |
| <p>27</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>             | <p>28</p> <p>Banana Split Smoothie<br/>Honey Graham Crackers</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>29</p> <p>Apple Cinnamon Oatmeal</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                              | <p>30</p> <p>Ham, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                  |   |
| <p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>   | <p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>   | <p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>   | <p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>   | <p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>   |

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



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