

# What's on the Menu?

## Mill January Breakfast Menu



Staff Price \$4.35

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Scrambled Egg Pizza</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2</p> <p>Colby Jack Cheese Omelet Whole Wheat Toast</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3</p> <p>Apple Cinnamon Yogurt Parfait With Homemade Granola</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>4</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>5</p> <p>Whole Grain Double Chocolate Chip Muffin</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>8</p> <p>Scrambled Egg Pizza</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>9</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>10</p> <p>Strawberry Banana Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>11</p> <p>Apple Cinnamon Oatmeal</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>12</p> <p>Pineapple Orange Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>15</p> <p>MARTIN LUTHER KING DAY</p>	<p>16</p> <p>PROFESSIONAL DEVELOPMENT</p>	<p>17</p> <p>Pink Lemonade Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>18</p> <p>Two Warm Pancakes With Crispy Bacon</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>19</p> <p>Sausage, Egg, and Cheese Biscuit Sandwich</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>22</p> <p>Scrambled Cheesy Eggs Whole Wheat Toast</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>23</p> <p>Blueberry/Strawberry French Toast Parfait</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>24</p> <p>Three French Toast Sticks 2 Slices Crispy Bacon</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>25</p> <p>Banana Split Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>26</p> <p>Ham, Egg, and Cheese Bagel Sandwich</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>29</p> <p>Two Whole Grain Waffles Two Pork Sausage Links</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>30</p> <p>Whole Grain Blueberry Muffin</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>31</p> <p>Ham and Cheese Breakfast Burrito</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p><b>FRESH FRUIT &amp; VEGETABLE PROGRAM</b></p>	
<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>	<p>Assorted Low Sugar Cereal w/ String Cheese or Yogurt</p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



Visit [aces.nutrislice.com](https://aces.nutrislice.com) to see your menu!

USDA is an equal opportunity employer and provider

